



Grow Your Mindset Snakes & Ladders

Grow Your Mindset

Place your counter on number 1 and roll a dice.

If you land on a **Growth Mindset** belief or focus climb the ladder of progress.

If you land on a **Fixed Mindset** belief or focus slide down the snake.

91 I don't like to look like a failure	92	93	94	95	96	97	98	99 I give up quickly	100
81	82	83	84	85	86	87 I avoid challenges	88	89	90
71	72	73	74	75	76	77	78	79	80
61	62	63 I am comfortable making mistakes	64	65 I feel threatened by people's success	66	67	68 My effort and attitude determine everything	69	70
51	52	53	54	55	56	57	58	59	60
41	42	43	44	45	46	47 I take feedback as criticism	48	49	50
31	32	33	34 I just want to look smart	35	36 Feedback means I have something to improve on.	37	38	39	40
21	22	23	24	25 If I can't do it straight away I'll never do it.	26	27	28	29	30
11	12	13	14	15	16	17	18	19	20 I am inspired by the success of others.
1	2 I am comfortable making mistakes	3	4	5	6 I embrace challenges	7	8	9	10